

Sustainability at School



Try these easy-to-implement, sustainable living ideas at school today!

Save time, money, and energy while ensuring a protected environment and high quality of life for all.

1. Recycle all cans, bottles, and paper. Bring your own water from home in a reusable bottle to reduce waste.
2. Carpool, walk, bike, or use public transportation. Remind your parent/guardian not to idle their vehicle if they must wait in pick-up/drop-off lines.
3. Turn off lights, computers, and other electronic devices when not in use.
4. Learn how to become a Maryland Green School. Go to www.maeoe.org for more information.
5. Ask if your school is using green, non-toxic cleaning products, which are better for indoor air quality and the environment.
6. Do not litter and remind your friends to clean up their trash.
7. Respect the work that others do to make your campus beautiful.
8. Bring a healthy lunch in a reusable bag or container.
9. Remember to use both sides of paper.
10. Ask your parent/guardian to choose school supplies that are made with recycled content.
11. Find out if your school is composting food waste. Contact New Market Elementary School for tips on how to get started.
12. Make healthy food choices if you buy lunch at school. Ask for salads and fresh, local products if they aren't already available.
13. Contact the Schoolyard Habitat Specialist for the County, and find out how to get started at your school.
14. Join or establish a club that takes action on environmental issues at your school. Consider energy conservation, recycling, gardening, or tree planting projects to get started.
15. Provide mentorship, leadership, and guidance to younger students. Get them involved in your environmental efforts.
16. Get involved in the broader community. Find ways to make a difference beyond your school campus.

Frederick County Office of Environmental Sustainability (OES)

Visit us online www.co.frederick.md.us/sustainability or call our office 301.600.7414.

OES brings together community partners to build a sustainable future for the region. We collaborate with County departments, businesses, residents, and other organizations to advance sustainable practices, policies, and partnerships.

